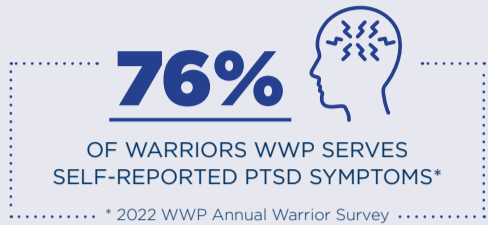




★ POST-TRAUMATIC STRESS DISORDER

What is PTSD?

Post-traumatic stress disorder can develop in anyone who experiences or witnesses traumatic events, and can disrupt your daily activities and quality of life.



What Causes PTSD in Veterans?



Witnessing Death or Physical Injury



Physical or Sexual Violence/Abuse



Acts of War



Natural Disasters

Symptoms of PTSD:

- ★ Flashbacks
- ★ Avoidance
- ★ Hyper-Arousal & Reactivity
- ★ Negative Thoughts & Mood



YOU ARE NOT ALONE. EVERY HEALING JOURNEY IS DIFFERENT.

★ **WWP IS HERE TO HELP.** ★

WWP SOLUTIONS

WWP services are free to post-9/11 wounded veterans, service members, and families regardless of the cause of the veteran's injury or illness. This includes combat-related and non-combat-related visible and invisible wounds.



Connection

97% of participants reported they feel socially connected to their peers**



Emotional Support

19,700+ emotional support calls conducted with warriors and family members.**



Adventure-based Therapy

2,400+ participants in Project Odyssey®.**



Outpatient Treatment Program

91% of warriors completing Warrior Care Network® program are better able to overcome barriers and obstacles.**



Ongoing Well-being

124,852 warriors and family support members served through numerous physical health and wellness programs since inception.

** WWP Program Impact Data 2022 (10.01.21-09.30.22)

Contact the WWP Resource Center for more information and assistance, 888.WWP.ALUM (997.2586).