

# 2025 Impact Report

Community is everything. It's a physical place where we learn, grow and thrive, but it's also a support system full of meaningful connections that can transform our lives. It's a reminder that together, we can overcome obstacles.

With a three-year commitment of \$27 million, The Cigna Group Foundation invests in a healthier future for communities through three goals:

1

Improve youth mental health

2

THIS REPORT

Improve veteran mental health through housing stability

3

Reduce barriers to health equity





# From stability to strength: Transforming veteran lives through housing and mental health support

**The Cigna Group Foundation invested more than \$3 million with 22 nonprofits across 10 states to deliver programming for veterans in 2025.**

Veterans deserve compassionate, comprehensive support to improve mental wellbeing. An essential part of that is nonprofits taking care of a foundational human need: consistent and affordable housing. Funded projects supported veterans through rental assistance, homeownership programs and property renovations, along with innovative long-term solutions such as custom-built and transitional tiny houses. Many of the projects also integrated mental health care, substance use disorder treatment, employment assistance, peer mentorship and financial literacy.

Following a holistic, community-based approach, these nonprofits advanced the health and stability of those who served our country.



## Partnered with nonprofits to deliver projects in:

Arizona, Connecticut, Florida, Georgia, Illinois, Missouri, New Jersey, Pennsylvania, Tennessee and Texas.

**Each grantee contributed to at least one of the grant program goals:**

**39%** increase permanent housing available for veterans

**39%** improve affordability with rental or mortgage assistance for veterans

**22%** enhance wraparound services for veterans transitioning from shelters



**12**  
new homes built



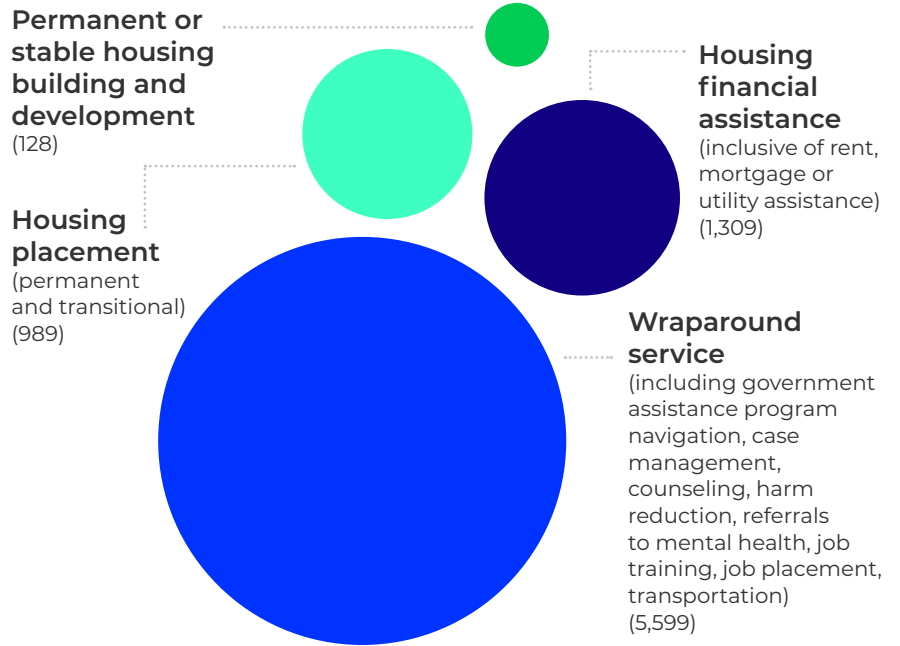
**116**  
housing modifications for veterans with disabilities

In addition to rental assistance, I received financial help for utilities and essential items for my new home. More importantly, the staff were kind, compassionate, and genuinely invested in meeting the personal needs of veterans. **I felt respected, valued, and cared for throughout the entire process.**

**Marilyn M.**  
U.S.VETS Texas  
Houston, TX

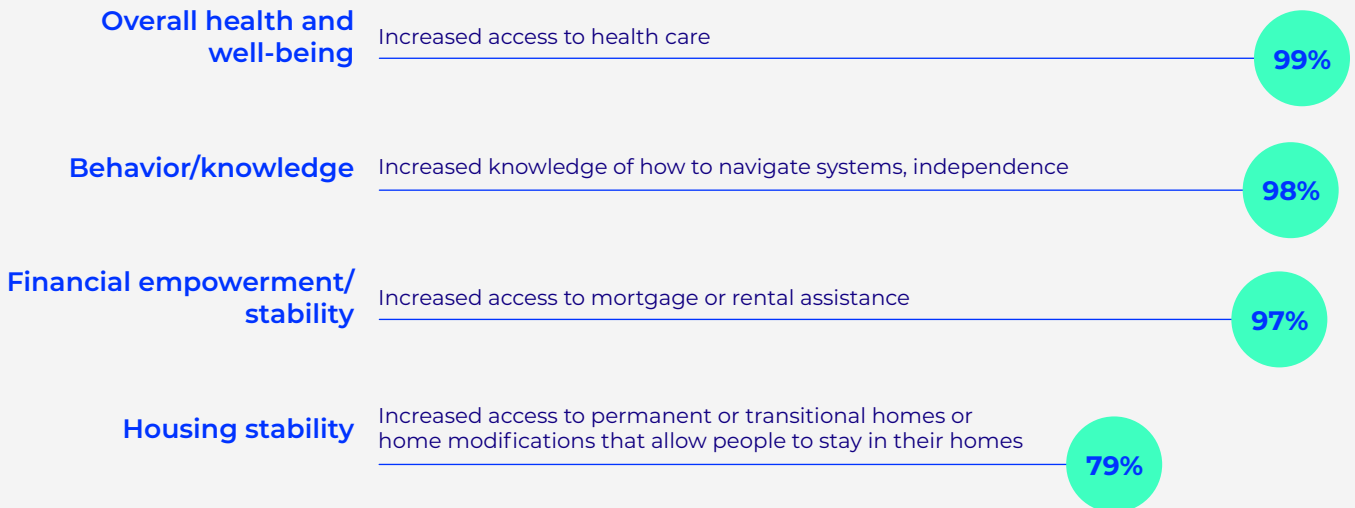
# Activities that help veterans thrive in civilian life

**8,025 veterans engaged in:**



## Positive outcomes drive meaningful impact

Percentage of people measured who achieved each outcome:



## 2025 Improving Veteran Mental Health commitment grantees

- Back on My Feet
- City of Refuge, Inc.
- Community Renewal Team, Inc.
- Family Promise of Sussex County
- Grand Avenue Economic Community Development Corp.
- Habitat for Humanity International
- Homes For Our Troops, Inc.
- Midwest Shelter for Homeless Veterans
- Operation Finally Home
- Operation Stand Down Tennessee
- Opportunity Center for the Homeless
- Robin's Home, Inc.
- St. Vincent's House (SVH)
- Tennessee Homeless Solutions
- The University of Chicago-Office for Military-Affiliated Communities
- Treasure Coast Homeless Services Council
- U.S.VETS – Arizona
- U.S.VETS – Texas
- Veterans Community Project
- Veterans Leadership Program
- Veterans Place of Washington Boulevard
- Veterans Rebuilding Life



### Volunteerism in local communities

In 2025, over 200 employees volunteered for over 1,000 hours supporting these nonprofits serving local veterans. From efforts such as building fences and houses, to making blankets and heartfelt cards, showing up in our local communities means investing financial and human capital.

## Looking ahead

As we honor and support veterans, their families and the organizations that support them, our commitment remains grounded in compassion and collaboration. We will continue to invest in programs and services that meet veterans where they need us most—through trusted networks of care in their local communities.

**Learn more at [thecignagroup.com/community](https://thecignagroup.com/community)**



FOUNDATION

Outcomes data in this report reflects information submitted by 21 of the 22 nonprofits funded for the grant term of January 1, 2025–December 31, 2025.

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