







## OUR SPA

The Norwich Spa at Foxwoods is known for personal service, exemplified by our Spa Concierge Desk staff on the 9th floor at Grand Pequot Tower, where you will be greeted by one of our team members and directed to your destination. Offering services to hotel and resort guests as well as day spa guests in our 21,000 square foot facility.

Luxuriously appointed men's and women's locker rooms include a whirlpool, steam room, sauna and lounge area. Amenities include private lockers, plush robes and slippers for use in spa, complimentary bottles of water, juices, and coffee service. Guests must be 16 years or older to enter locker rooms or receive spa services.

A comfortable, private waiting area is available for guests receiving massages or bodywork. Twelve rooms in which we provide massage, scrubs and bodywork, including one room for a "Couple's" or "Duet" massage for two guests with two therapists. All 50- and 100-minute massages are available to be booked in our Duet Treatment Room.

Massage Treatments include: Norwich Signature Massage, Swedish Spa Massage, Pregnancy Massage, Sports Massage, Deep Tissue Massage, Relaxation Ritual, Native Hot Stone Therapy, Personal Prescription Plan, Express Massage, Foot Flexibility Massage, and Native Hot Stone with Phyto Therapy Massage.

Body Treatments include: Apricot Harvest Body Polish, Jasmine Java Hydrating Wrap, Awaken Body Polish and Thalasso therapy. Three rooms for the following facial services: Firming Facial, Luminous Facial, Oxygenating Sensitive Skin Healing Ritual, Essential European Experience, Gentlemen's Hot Towel Facial, "Watch Your Back!"- Back Facial, Adult Skin Therapy, Express Facial. Special Facial Enhancements are also available—ask your reservationist.

Fitness Center with extensive line of cardiovascular and strength-training equipment, including Lifecycle®, StairMaster®, elliptical trainers, treadmills, and a complete line of Paramount® machines and free weights. Guests must be 16 years or older to use the facility.

Room service meals with healthy choices available and served in the Pool dining area—outdoor dining offered seasonally.

## **OUR BOUTIQUE**

Browse our select collection of signature Norwich Spa at Foxwoods products, essential oils, fragrances, fitness attire, makeup and lifestyle accessories. We are proud of our signature offerings and invite you to visit our Salon and Spa Boutique, to find just the right therapy and memory to take home. The Spa Life-Style Boutique is open seven days a week, from 9AM to 9PM. All retail products are subject to CT state sales tax and Mashantucket tax.

## **OUR SALON**

Private waiting room is available for quests receiving hair, facials or nail care. Complimentary coffee service is also available. There are seven (7) manicure and seven (7) pedicure stations for a wide array of nail services including: Apricot Harvest Spa Manicure and Apricot Harvest Spa Pedicure; Awaken Manicure and Awaken Pedicure; "Chocolate Overload" Spa Manicure, "Chocolate Overload" Spa Pedicure; Sweet Almond Spa Manicure; Sweet Almond Spa Pedicure; Milk & Honey Spa Manicure; Milk & Honey Spa Pedicure; "Down to Earth" Spa Pedicure; "Prince of Tides" Spa Pedicure; Shellac Finish Spa Manicure, Express Manicure and Express Pedicure.

Enhancements for nail treatments are also available at an additional charge, which include adding: Shellac Finish; Shellac Finish on French; French Finish; Paraffin; File/Soak Off Faux Nails; Native Hot Stone Massage and Nail Art Design.

Salon Styling & Hair Care Services including men's design, style and finish, women's design, style and finish; children's design style and finish for those 10 years and younger, and bang trim.

Style and Finish services for Short Hair, Long Hair; Style Roller Set; Hot Tool Style & Finish; Special Occasion Style/Consultation and Bridal Day Style.

GOLDWELL® Brilliant Color Services including Style and finish, Refresh Color/Style/Finish, Refresh Color/Design/Style/Finish, Corrective Color Re-Design; Color Foils, Color Partial Foils and Fashion Foils. Color Enhancements and Reconstructive services also available. Please consult with your stylist for services offered.

Retexturing Hair Services including Perm, Perm with Design, Relaxer/Style/Finish, Relaxer Design/Style/Finish, GK Smoothing System, Awapuhi Wild Ginger Keratriplex and SOCAP® Hair Extensions.

