



Cervical Disc Implant Video Transcript

Contact: Public Relations
media@bannerhealth.com

Video: <http://bannerhealth.mediaroom.com/cervicaldiscroll>

News Release: <http://bannerhealth.mediaroom.com/cervicaldisc>

B-Roll: NATS

0:10 "This is the left side, where it is really pinching that nerve."

0:15 "I don't want to suggest that we start with something larger. Vice versa, this measured out to just over 16mm. I am not going to suggest we start with a 12, then a 14, then a 15 and then a 17. It just eliminates the number of steps we are able to do."

0:29 "I like that."

0:31 "Shot? (X-Ray beep) K, perfect. Save that."

0:35 "Shot again? (X-Ray monitor refreshes) There we go!"

B-Roll: VO

0:41 – 1:08 Operating Room Setup

1:08 - 1:31 Patient Preparation

1:31 – 3:21 Surgical Procedure (Cervical Disc Implant)

3:21 – 3:45 M6 Cervical Disc Implant Animation (Courtesy: Orthofix)

B-Roll: SOT Kimberly Stengrim / Patient

3:56 "It started August 14th. I woke up in the morning, and I felt like I had slept wrong. I had some pain in my shoulder blade—just one of those mornings where I am like, 'Oooh, I slept wrong.' Kind of not feeling well. By the end of the day at work, I was in tears. I had excruciating pain that going down my arm. I had no idea what it was."

4:18 "I left work, went to the chiropractor, and after a couple days of him trying to adjust me and stuff—he knew there was probably something more wrong, I suppose; he probably sees it all the time—he requested an MRI. Through the MRI, we found that I had a pretty significant herniated disc between cervical 6 and 7."

4:44 “We went through a couple of epidurals that did not do anything. In the meantime, I'm going through weeks of just: I haven't been at work, I've been in massive pain. Then from there, I was referred to Dr. Baig.”

5:05 “That is to just kind of mask the pain until the body heals itself. But I did have, according to everyone I spoke to, a very significant herniation that was not going to fix on its own.”

5:19 “I honestly had never heard of artificial discs; I didn't know it was going to be an option. He explained everything to me, and I immediately was super comfortable with him and knew that I was in good hands.”

5:35 “I was like, ‘I am so glad I am doing this right now and not a month ago; I might have had old technology.’”

5:47 “I was like, ‘Well this is like having an iPhone 3 or an iPhone 11, right?’ Who would want the 3 if the 11 is an option?”

5:59 “I went to work on August 19th—that Monday—and like I said, by the end of the day I was crying. I went to work the next day, left work to go to a chiropractor 'cause that Monday [chiropractor visit] hadn't done anything. I went to the chiropractor on Tuesday and went back to work just enough to turn off my computer and stuff and said I am going home. Wednesday, I could not even—I was in so much pain; I have never been in such excruciating pain.”

6:33 “In my arm. It started out like in you know like in that back/shoulder area. By the end of the day, my arm just felt like I was being squeezed in a vice, and it hurt so bad.”

6:50 “He said most people are back to work in a week, so I hope that's the case because I am really ready to get back to normal I want my life back.”

7:04 “I sat around watching TV and ordering UberEats because I don't cook and I couldn't have cooked anyways. I literally was having food delivered to my house every day because I could not go anywhere. I could not drive. I could not get up off the couch, and I literally was pretty much bedridden but on the couch for the first month.”

7:33 “Now it's more just the tingling and numbness. These fingers are numb, and they have been for two months. I can't feel these fingers. With this medical technology, they're going to be able to take that out. It's going to release that nerve pressure, and I should feel better immediately when I wake up.”

8:00 “He said, ‘Probably your worst pain post-surgery is going to be more in your shoulders than anywhere in your neck.’ That is due to the fact that, he says, ‘We're going to be like taping you down with 20 pounds of pressure on your shoulders to keep your neck very still very long.’ He said, ‘You're going to have more pain in your shoulders probably just from that than in your neck. You should feel pretty great.’”

8:31 “I have no history of neck injury, no history of neck pain. You know, everybody wakes up stiff now and then, but I've never had any history of neck problems at all.”

Dr. Rafath Baig, MD / Banner Health Orthopedic Spine Surgeon

8:58 “It doesn't lock down your disc levels, if you will. It's not locking down the vertebrae to behave as one, [thus] maintaining your natural arc of motion. That's what the past 20 years of disc arthroplasty implants were intended to do.”

9:19 “The great part about the M6 is the fact that it mimics the natural arc and ranges of motion so perfectly that it leaps and bounds beyond everything that we've seen that's been on the market so far.”

9:38 “This is going to be one of the first—if not the first—outside of the FDA trials that is going to be done at a Banner Health facility.”

9:47 “That's true. You know, the iPhone 3 is a fantastic phone, and the iPhone in general was a game changer. Correct?”

9:56 “This has approached almost 50,000 implants being placed out there internationally with less than .3% revision rate, so that's less than 150.”

10:09 “It's the most sought-after disc arthroplasty implant in the world.”

10:17 "When that comes to fruition, there's not words to really describe how your heart really feels. It really touches your soul to be part of that journey with the patient."

###